



The Wider Curriculum (Personal, social, health and economic education (PSHE) and Social, moral, spiritual and cultural education (SMSC)) at CAST

Schools and colleges have a number of functions, one of the most important of which is ensuring that students are able to look after themselves and ready to take an active part in society (be that at a local, national or global level) when they leave. The world is a very exciting place with vast numbers of opportunities. Each one of us will find our own way through life, we will each be excited, interested, upset or appalled by different things. For some of us personal things maybe most important to us, for others it may be working with others, or even causing change at an international level that satisfies us.

Whatever our own personal motivators we all need to have access to basic information, we need to know how to do certain things or access help when we need it. We also need to be aware of what is important to other people so that we can understand their views and when necessary engage in meaningful discussion, be that with our own friends or family, or wider afield.

The Wider Curriculum is delivered both by our own staff and by external experts and covers the following key areas:

- Sex and relationships
- Rights, responsibilities and politics
- Religion
- Keeping safe (protecting yourself from crime, in relationships, or on line)
- Keeping healthy (mental, physical and sexual health)
- Finance (how to manage your money and what rights you have)
- What to do when things go wrong (where to get help and basic first aid)

Please note that careers education is covered in a separate programme.

In addition to the Wider Curriculum Days students also cover some of these areas in assemblies, in tutor time, Challenge or lessons. The mentoring program and other pastoral support within the College are there to provide help and support for the more personal aspects of the curriculum.